

#368 Electro-Muscle Stimulation Transcript

Header: Electro-Muscle Stimulation

Q: What is Electro-Muscle Stimulation?

A: It is a special form of electrical current that is administered at the site of soft tissue injury, especially muscles, for the blocking of pain.

Q: How does Electro-Muscle Stimulation work?

A: Small amounts of electrical current are induced into the tissues for the purpose of reducing swelling. This widely used technique safely strengthens muscles and helps reduce painful symptoms.

Q: What does Electro-Muscle Stimulation feel like?

A: Patients generally feel a slight tingling sensation at first. Since your body may become accustomed to the initial setting, the intensity may be raised during the course of your 10-20 minute treatment, for maximum healing effect.

Q: Why is Electro-Muscle Stimulation used?

A: Electro-Muscle Stimulation has been used as an effective form of pain relief. It is recommended in cases in which pain is accompanied by swelling and inflammation.

Patient Benefits

Reduces pain sensation
Helps decrease swelling
Promotes general muscle tone
Speeds the healing process

Caption: Many painful symptoms can be relieved with the application of Electro-Muscle Stimulation.

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